

hormones; remaining structures serve as sites for fertilization and development of the fetus. Mammary glands of female breasts produce milk to nourish the newborn.

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15

16

Digestive system Respiratory system Takes in nutrients, digests them (part of metabolism), and excretes unabsorbed matter (feces) Takes in oxygen, which is required for metabolism, and excretes carbon dioxide Food **₩** CO2 Cardiovascular system Via the blood, distributes oxygen and nutrients to all body cells and delivers wastes and carbon dioxide to disposal organs Blood O2 Urinary system Excretes nitrogen Nutrients containing wastes and excess ions Interstitial fluid Nutrients and wastes pass between blood and cells via the interstitial fluid Integumentary system Urine is Feces are Protects the body as a whole from the external environment excreted by maintaining boundaries

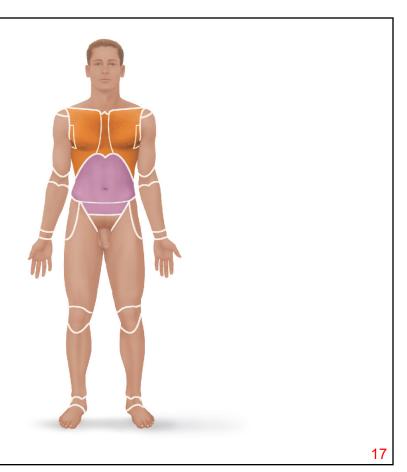


Table 1.1 Orientation and Directional Terms					
Term	Definition	Illustration	Example		
Superior (cranial or cephalic)	Toward the head end or upper part of a structure or the body; above		The forehead is superior to the nose.		
Inferior (caudal)*	Away from the head end or toward the lower part of a structure or the body; below		The navel is inferior to the breastbone.		
Anterior (ventral)†	Toward or at the front of the body; in front of		The breastbone is anterior to the spine.		
Posterior (dorsal)†	Toward or at the backside of the body; behind	←	The heart is posterior to the breastbone.		

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† Anterior and ventral are synonymous in humans, but not in four-legged animals. Ventral refers to an animal's "belly," making it the inferior surface. Likewise, posterior and dorsal surfaces are the same in humans, but dorsal refers to an animal's back, making it the superior surface.

*The term caudal, literally "toward the tail," is synonymous with *inferior* only to the inferior end of the spine.

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Term	Definition	Illustration	Example
Medial	Toward or at the midline of the body; on the inner side of		The heart is medial to the arm.
Lateral	Away from the midline of the body; on the outer side of		The arms are lateral to the chest
Intermediate	Between a more medial and a more lateral structure	***	The collarbone is intermediate between the breastbone and the shoulder.
Proximal	Close to the origin of the body part or the point of attachment of a limb to the body trunk		The elbow is proximal to the wrist (meaning that the elbow is closer to the shoulder or attachment point of the arm than the wrist is).
Distal	Farther from the origin of a body part or the point of attachment of a limb to the body trunk		The knee is distal to the thigh.

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Table 1.1 Orientation and Directional Terms (continued)					
Term	Definition	Illustration	Example		
Superficial (external)	Toward or at the body surface	*	The skin is superficial to the skeleton.		
Deep (internal)	Away from the body surface; more internal		The lungs are deep to the rib cage.		

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