



**Table 8-1 Comparison of Simple Diffusion, Facilitated Diffusion, and Active Transport**

Properties	Simple Diffusion	Facilitated Diffusion	Active Transport
<b>Solutes transported</b>	Small polar (H <sub>2</sub> O, glycerol) Small nonpolar (O <sub>2</sub> , CO <sub>2</sub> ) Large nonpolar (lipids, steroids)	Small polar (H <sub>2</sub> O, glycerol) Large polar (glucose) Ions (Na <sup>+</sup> , K <sup>+</sup> , Ca <sup>2+</sup> )	Large polar (glucose) Ions (Na <sup>+</sup> , K <sup>+</sup> , Ca <sup>2+</sup> )
<b>Thermodynamic properties</b>			
Direction relative to electrochemical gradient	Down	Down	Up
Metabolic energy required	No	No	Yes
Intrinsic directionality	No	No	Yes
<b>Kinetic properties</b>			
Membrane protein required	No	Yes	Yes
Saturation kinetics	No	Yes	Yes
Competitive inhibition	No	Yes	Yes





